Dear editors and reviewers,

Thank you for your letter and for the reviewers comments concerning our topic “**Level of Physical Activity among Diabetic Patients of Rural and Urban Areas”** . Those comments are valuable and very helpful for revising and improving our paper, as well as the important guiding significance to our researches. We have studied comments carefully and have made the correction, which we hope to meet with approval. Revised portion is marked in red in the manuscript. The main conrection in the manuscript and the responses to the reviews’ comments are as follows.

**Comments to Author and Responses**

**Reviewer**: 1

**Objective** restate

Response: objective restated

Introduction: first paragraph same as in reference, Rephrase

Response: Rephrased

Paragraphs same as in references, should b rephrased in own words to avoid plagiarism

Response: Introduction Rephrased and rewritten

Indication of areas of study

Response: Added

Rationale not clear and needs revision

Response: Revised, ……this study to check physical activity performed by diabetes patients and comparison in rural and urban areas. To narrow the knowledge gap……added as per advise.

RAPA reference lacking

Response: Added

RAPA scale usually for older patients…why in this study…was appropriate in areas of study

Response: RAPA scale was used as patients included mostly belongs to older age group…near or above 50… reason for selecting this scale: Mostly diabetes patients are not very active physically in our community, even younger patients hardly fulfilling RAPA scale, means if they are doing physical activity like older ones they are considered physically active, so keeping population trend and physically activity level RAPA instrument used which we consider appropriate for areas selected hence questioner was appropriate

**Materials** and **method**.

Summarization and integration of literature review with introduction

Response: summarized and integrated

Introduction of areas..populations…prevalence of diabetes globally, asia and in Pakistan.

Response: added

Reference of sample calculation

Response: added

How data collected

Response: added, researcher himself/her self added, asked in patient language.

Rationale of inclusion and exclusion criteria

Response: added

Data collection procedure

Response: non probable (non randomized) convenient sampling, added

Static tool replacement with static analysis

Response: replaced

**Ethical** **approval**

Response: permission obtained from administration body who also take care ethical issues, so also seek permission in this regards.

**Result**

Table 1 not required

Response: Removed

Number and figures are not required to be repeated, already mentioned in tables

Response: addressed accordingly

**Discussion**

Study is Role of physical activity in controlling and progressing of diabetes complications rather preventing diabetes.

Response : Revise accordingly.

**Reviewer: 2**

There are other measure of qualities

Response: it is true there are alternative or other measures of quality of life, but here in developing countries with low socioeconomic level and especially where awareness lacking about a simple and cost effective thing like physical activity was taken into account.

Study short duration poor random

Response: No doubt short duration but we check only current physical activity status, that is why short duration may not affect its significance.

May be of long duration with more prospective view

Response: It must be, but as a initiative our study may added benefit or a starter to later long term studies, that we did on this prevailing and crippling disease in our areas. This may b an effort to narrow the gap between developing low socioeconomic country areas and developed areas globally about awareness of physical activity benefits in diabetes patients as well

Regards