This manuscript reports on a review article of a sarcopenia in the elderly. This manuscript needs improvement before acceptance for publication. Detailed comments are as follows:

1. We propose to replace "the elderly" with "old adults" because the description of "the elderly" may be discriminatory. The title needs to be revised.

2. This manuscript does not mention the the Asian Working Group on Sarcopenia(AWGS). AWGS is more suitable for assessing old adults in Asia.

3. The relationship between osteopenia/osteoporosis and sarcopenia should be described in more detail.

4.It is noted that your manuscript needs editing especially in sentence structure so that the goals and results of the study are clear to the reader.